



Chinese Golden Age Club of Mississauga 2025 Schedule

	Sunday	Monday	Wednesday	Thursday	Friday
Creditvale Mills	Tai Chi 2 :00 – 4 :00 Table Tennis 2 :00 – 5:00 Contact : Pat Ip	Music 9 :30 – 11 :30 Contact: Table Tennis 12:00 Contact: Pat Ip		Table Tennis * 9:30 – 11:30 Contact: Pat Ip Line Dance Folk Dance 1:00 – 4:30 Contact: Anita Lam	Chair Exercise 10:00 - 11:30 Contact : Lisa Ng Tai Chi 11 :30 – 12 :30 Instructeur : Elaine Yu
Churchill Meadow		Tai Chi 9 :30 – 4:30 Contact : Ray Yeung			Folk Dance 9:30 – 11:30 Contact: Richard Zeng
Erin Meadow			Folk Dance 12:30 – 2:30 Contact: Richard Zeng	Line Dance 2:30 – 4:30 Contact: Richard Zeng	
Huron Park		Tai Chi 9:30 – 11:30 Contact : Leona Lee		Tai Chi 9 :30 – 11 :30 Tai Chi Contact : Leona Lee 2:30 – 4:30 (Ojibway Room C) Contact: Ray Yeung	

Creditvale Mills: South Parade Court.
Churchill Meadows: 3801 Thomas Street.
Erin Meadows: 2800 Erin Center Blvd.
Huron Park: 830 Paisley.

Patricia Ip	416-728-9672	Lisa Eng	647-995-8328
Ray Yeung	1-519-277-8448	Elaine Yu	Ask Lisa Eng
Selina Shi	289-997-8893	Richard Zeng	416-624-5394
Anita Lam	905-896-7693		

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